

# EXPRESS SERVICE



**SHORT DESCRIPTION:** Our basic service. A safety inspection, a general health check and a good treatment to gears, brakes, tyre pressure and chain lubrication to keep your bike in good shape.

**DURATION:** From 30 min to 1 h.

**BOOKING?:** No booking required. Can be done in the spot.

Includes:\*

- Drive train degrease, clean and lubrication.
- Check/adjust pressure in tyres.
- Adjust brakes.
- Adjust gears.
- Check torque in main bolts of the bike.
- Visual safety inspection of critical components (frame/forks, tyres, rims, brakes).
- General check of major parts (gears, pedals, bearings, etc).
- Test ride.
- Free quote of any further work needed.

\*Parts (if required) not included in the service.



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We recommend this service in the following cases (but not limited to): \*

- As an annual service, if you use your bike just a few times a year, on that relaxed, sunny ride. (less than 500 miles a year)
- As a 6-month service, if you use the bike quite often, in moderate wheater conditions (around 1500 miles a year)
- As a 3-month service, if you use your bike extensively for commuting, long distances, vigorous riding and in harsh weather. (over 3000 miles a year).
- If your bike is in general good condition but needs some tunning to keep it perfect shape.
- If your bike is in good health but you want to check that everything is good before an important ride (race, touring holidays, charity rides, Eroica, etc).
- If you just bought a second hand bike that seems in good reasonable condition but want to check that everything is fine prior to use it.
- If you just recomissioned that bike from the shed, which was in good condition when stored but has been sitting for a while (i.e. winter) and needs a check.

\*Please let us know about of your specific cycling condition or just bring your bike and we will advice of the best service for your needs

